THE IDLE ROCKS
HOTEL & RESTAURANT
ST MAWES

BREAKFAST MENU

available everyday 8.00 am – 10.00 am

"Myttin da"
To begin please enjoy our continental breakfast buffet

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CLASSICS PREPARED IN THE KITCHEN

Full Cornish Breakfast
St Ewe free range eggs (your way)
Bacon, sausage, hog's pudding,
tomato, mushroom

Avocado
St Ewe poached egg, toasted sourdough
avocado, feta, chilli

Eggs
Benedict / Royale / Florentine
St Ewe free range poached eggs, muffin,
brown butter hollandaise

Porridge
Brown sugar, clotted cream

Smoked Salmon
Scrambled eggs

Chia Seed Porridge
Coconut, almond, raisin

Due to the nature of our kitchen, we are unable to guarantee any food to be allergen free.
We will make every effort to cater for individual allergies, please talk to a team member
for more information regarding your dietary or allergy requirements